



Post-Operative Instructions for Root Canal Treatment

1. Numbness & Anesthesia:

- If local anesthesia was used, your lips, tongue, and cheeks may remain numb for several hours.
- Avoid eating or drinking anything hot until the numbness wears off to prevent injury.

2. Pain & Discomfort:

- Complete your antibiotic treatment
- Some mild discomfort or tenderness around the treated tooth is normal for a few days.
- Over-the-counter pain relievers such as ibuprofen or acetaminophen can be used as directed.
- If pain worsens or lasts more than two weeks, contact our office.

3. Temporary Filling/Crown:

- If a **temporary filling** was placed, avoid chewing on that side until the final restoration is placed.
- Be careful when eating sticky or hard foods, as they may dislodge the temporary filling.
- If the temporary filling comes out, contact us for replacement.

4. Permanent Crown or Restoration:

- A root canal-treated tooth is more fragile and **requires a permanent crown** or filling to protect it.
- Schedule your crown appointment as soon as possible to prevent fractures or reinfection.

5. Oral Hygiene:

- Continue brushing and flossing **normally**, but be gentle around the treated tooth.
- Good oral hygiene will help prevent future infections.

6. When to Call the Dentist:

- **Severe pain or pressure** that does not improve with pain medication
- **Swelling of the gums, face, or jaw**
- **Persistent sensitivity** to hot or cold after several days
- **Biting pain or uneven bite**
- **Fever or signs of infection**

If you experience any of these symptoms, call our office at **[Dental Office Phone Number]** immediately.

Follow-Up Appointment:

- A follow-up appointment is necessary to place a permanent restoration and ensure proper healing.

Thank you for following these instructions for a smooth recovery!